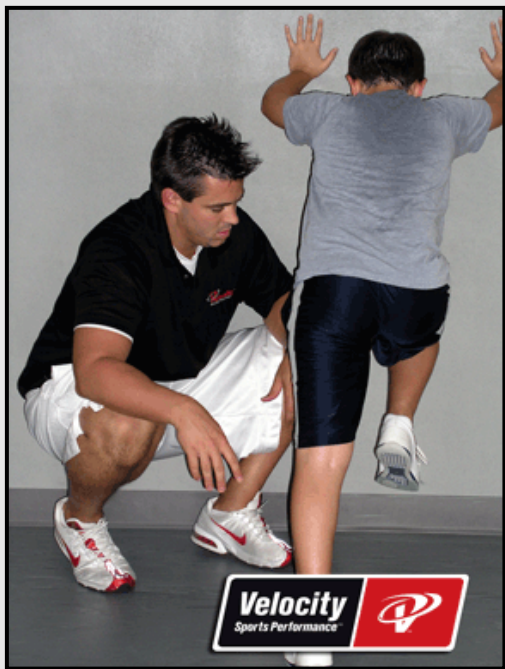


Welcome To UpYourAntioxidants.com!

Our goal is to dominate the functional beverage market by providing a powerful source of nutrition. - *Rick & Chris Parlante*



Athlete Profile: Derek Touchette



Derek Touchette has trained 16 first-round NFL draft picks, coached college basketball players in preparation for the NBA draft, assisted MLB, NFL, and NBA veterans prepare for upcoming seasons, and worked with the MLS and WUSA national teams as well as the U-17 Men's National Soccer Team.

As Sports Performance Director for Velocity Sports Performance in Naples, Florida, Derek has had the opportunity to work under Loren Seagrave, one of the most renowned speed and sports performance coaches in the world. Derek's dedication to the development of his athletes through the Velocity system speaks for itself, as many of his athletes are still playing at the professional level and return on a regular basis.

Training and conditioning of these top-tier athletes includes not only strength, speed and agility training, but also education in the area of nutrition. Derek has studied the subject and understands the importance of good nutrition, not only to professional athletes, but to all active individuals.

When Derek discovered Monavie, he knew this product had a place in his nutrition planning – not just for himself, but for the athletes he trains. *"I was drawn to Monavie's high rating of antioxidants. After drinking the juice for a while, I experienced a better recovery time and less muscle and joint soreness."*

Derek has a bachelor degree from Central Michigan University in Exercise Physiology and a minor in Nutrition. He has four years experience at the IMG Academies as a Performance Specialist. He has

Certified Strength and Conditioning Specialist status from the National Strength and Conditioning Association (NSCA), United States Weightlifting Club Coach Level 1, and CPR.

To learn more about Derek and Velocity Sports Performance, located at 11965 Collier Blvd. #12, Naples, FL, visit www.velocitysp.com/naples or call 239.649.FAST (3278)

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